Fdible Matters

from 11am Mon-Fri & 2pm Sat

A P P E T I Z E R S

Wings Mussels 15 20 1 lb wings tossed in a choice of hot sauce, honey choice of classic garlic and white wine OR tomato garlic, whiskey BBQ, buffalo or salt & pepper. broth with caramelized onion and bacon, served Served with avodcado ranch and crudités with grilled sourdough 14 **Calamari & Shrimp** Poutine 17 chickpea coating, lemon garlic aioli French Fries and cheese curds smothered in a savoury chicken gravy **Chipotle Nachos** 20 homemade tortilla chips, tomato, green onion, **Pretzel & Cheese** 17 banana peppers, cheddar & mozzarella topped hand made chewy pretzel with warm Guinness & with taco beef & lettuce, chipotle dressing. With Cheddar cheese sauce topped with chives lime crema & guac SOUPS & SALADS Add grilled chicken breast (+ 8) or shrimp (+ 10) your salad **Cream of Tomato Soup** 8/14 Soup of the Day 8/14 cup or bowl, bowl served with side biscuit cup or bowl, bowl served with side biscuit 11/17 **Grilled Caesar Salad** 11/17 **Beet Salad** greens, red wine & dill vinaigrette, cumin honey grilled romaine with sage brown butter croutons, roasted beets, beet chips, goat cheese EM Caesar dressing, Parmesan HANDHELDS Served with a choice of side - soup, fries, beet salad (+ 2.00), chopped Caesar salad (+ 2.50) 22 **EM Beef Burger** 23 Fried Chicken BLT Wrap tomato & bacon jam, smoked Cheddar, shredded buttermilk fried chicken, Cajun seasoning, lettuce, fried onions and EM burger sauce on a avocado ranch dressing, Cavicchi's bacon, sliced house made bun tomato, shredded lettuce 19 **Pulled Pork Tacos (3)** 21 **Grilled Cheese** BBQ pulled pork, cilantro and lime slaw, crema brie, smoked cheddar, mozzarella, red pepper and pickled red onion jelly 20 Caprese Sandwich Reuben Sandwich 22 Grilled flatbread stuffed with marinated tomato, beef brisket, Russian dressing, sauerkraut, Swiss cheese on house made rye bread Ciro's fresh mozzarella, balsamic greens and basil pesto aioli PASTAS & MAINS

Eggplant Parmesan

Panko crusted eggplant, san marzano tomato sauce, Ciro's fresh stracciatella, baked and served with buttered noodles and broccolini

Wild Mushroom Penne

Sauteed wild mushrooms, arugula and basil pesto topped with crispy proscuitto and shaved Parmesan

Linguine Bolognese

traditional beef & pork meat sauce, tossed with fresh mozzarella and topped with crispy breadcrumb

Smoked Salmon Fishcakes

pan seared fishcakes with warm potato salad, dill and red wine vinaigrette, balsamic greens and hollandaise

SIDES & ADDS

| Basket of Fries | 6 |
|------------------------|----|
| Soup Cup | 8 |
| Grilled Chicken Breast | 8 |
| Shrimp (5pc) | 10 |
| Bacon or Prosciutto | 5 |
| Side Gravy | 3 |

25

24

26

24

BBQ Short Rib bone in short rib, cooked low and slow, glazed with whiskey BBQ sauce, served with smoked Cheddar mac n cheese and grilled broccolini

Butter Chicken

25 grilled marinated chicken in tomato curry served on basmati rice with grilled flatbread & fenugreek leaf

Thai Green Curry

sautéed shrimp, mussels, vegetables served on basmati rice with cilantro -warning! It's for spice lovers!

Fish & Chips

6oz beer battered haddock, apple cider & poppy seed vinaigrette radish slaw, fries & tartar sauce

SIDES & ADDS

Skor Cheesecake Bomb

brownie crust, caramel, cheescake, chocolate coat

Opera Cake almond biscuit, coffee buttercream, chocolate

Cheesecakes of the Dav

a variety of fresh flavours, made daily

34

- 26

25

7.75

7.75

7.50

Edible Matters

BRUNCH

16

18

20

16

18

20

until 3pm every day

18

ONE EGG PLATTER

one egg any style with Cavicchi's bacon or maple sausage served with breakfast potatoes, grilled tomato & choice of toast

TWO EGG PLATTER

two eggs any style with a choice of Cavicchi's bacon or maple sausage served with breakfast potatoes, grilled tomato & choice of toast

TWO EGG COMBO PLATTER

two eggs any style with Cavicchi's bacon AND maple sausage served with breakfast potatoes, grilled tomato & choice of toast

BREAKFAST WRAP

sausage, Cheddar, mozzarella, scrambled egg, choice of chipotle or lemon garlic aioli served with breakfast potatoes

BREAKFAST BURGER

sunny egg atop a hand made beef patty with smoked Cheddar, guacamole, tomato bacon jam on an EM bun served with breakfast potatoes

CHICKEN N WAFFLES

Cajun fried chicken, buttermilk waffles, smoked Cheddar, maple butter, chives

EGGS BENEDICT YOUR WAY

two poached eggs on a buttermilk biscuit with hollandaise served with breakfast potatoes

| VEGELARIAN | - arugula, grilled tomato | 16.5 |
|-------------|---------------------------|------|
| BACON - Cav | vicchi's locally smoked | 19.5 |
| SMOKED SAI | MON | 21.5 |

EM BREAKFAST BISCUIT 14

pesto, Cheddar, bacon and a fried egg on a buttermilk biscuit served with breakfast potatoes

AVOCADO TOAST

diced tomatoes, bacon, green onion, 2 poached eggs & avocado on a choice of toast

STRAWBERRY SHORTCAKE 17 WAFFLE

buttermilk waffle, strawberry coulis, Chantilly cream, almond shortcake crumble

EM CHOPPED BRUNCH SALAD 16

mixed greens with bacon, tomato, goat cheese, poached egg, pickled red onion and sage brown butter croutons with avocado ranch dressing

DRINK MENU

\$ { { { **NON-COFFEE** COFFEE 6| **ESPRESSO** \$ 400 HOT CHOCOLATE \$ 5.50 \$ 3.00 HOUSE BLEND DRIP \$ 5.75 MATCHA LATTE 120Z \$ 4.75 LONDON FOG \$ 5.50 AMERICANO \$ 4.00 \$ 6.00 CHAI LATTE MOCHA \$ 6.00 ITALIAN SODAS \$ 5.00 FLAT WHITE \$ 4.50 BREWED ICE TEA \$ 4.50 CAPPUCCINO 80Z \$ 4.00 TFA \$ 4.00 ICED COFFEE \$ 4.00 **I FMONADE** \$ 5.00

most beverages available hot or iced

wide variety of flavour shots .75

salted caramel, hazelnut, vanilla, lavender, peppermint, toasted marshmallow, gingerbread,

pumpkin spice, caramel apple butter, sugar free vanilla

cold foam it ! 1.25

COLD PRESSED JUICE 7.50

CONNECTED CRAFT KOMBUCHA

5

pure juice from local producer Sprout Therapy. 12 oz glass Your choice of Peter: carrot/apple Emmeline: pineapple/ginger.

locally produced fermented beverages. Fragrant and crisp. 5 oz flute Your choice of Strawberry Lemonade-Mocktail inspired Jun - Sparkling Peach & Honey